

# Team Communication Skills Training Course

A full day interactive, on-site training course for teams who have to pitch, present or persuade



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## About this course

This interactive course is delivered in person, on-site over four modules.

It has been designed for up to 15 people.

Your team will learn how to engage and influence their audience, every time.

They will discover how to find their natural 'authentic' voice, so they speak with confidence and clarity. They will become aware of the body language signals they give out, learning to be physically relaxed but staying open and dynamic.

They will learn how to deal with nerves so that they feel comfortable - even when the pressure is on.

They will learn how to structure conversations, meetings and presentations, so that key messages are remembered for maximum impact and influence.

This course is for anyone who has to tell a story, deliver a message or speak to another human being. It will be interactive, actionable and great fun.

#### **Outcomes and Objectives**

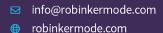
Your team will be able to:

- Control nerves in pressured situations
- Develop their voice and speak naturally
- Manage their body language signals
- Establish rapport quickly and easily
- Add appropriate gravitas and charisma
- Structure key messages
- Adapt messages to different audiences
- Pitch and present as part of a team
- Speak with or without slides
- Connect with every audience, every time, with impact and influence

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# **Course Outline**

Module 1 09.30	YOU How and why nerves affect us How to 'centre' our voice Understand our body language signals How to feel and appear confident How to establish rapport quickly and easily The Three Zones of Communication
11.00	BREAK
Module 2 11.15	YOUR MESSAGE How to structure your message Great openings and closings Pointing key messages How to keep the audience engaged Impromptu non-work-based conversations (not prepared)
13.00	LUNCH BREAK
Module 3 14.00	YOUR DELIVERY Recap of the morning How to speak clearly, with passion and energy How we can command the room How to build our gravitas and charisma Further impromptu presentations Feedback
15.30	BREAK
Module 4 15.45	POWER UP YOUR PRESENTATION Delivery of work-based messages (prepared) Feedback 'Our personal brand' Feedback from the day Q and A
17.00	END





Robin Kermode is one of Europe's leading communication coaches working globally with CEOs, senior executives, politicians, media personalities and corporate teams.

He is a popular keynote speaker and author of the best-selling book *SPEAK SO YOUR AUDIENCE WILL LISTEN*. His podcast, *THE ART OF COMMUNICATION*, has over 60,000 listeners.

Robin has been an actor for over 30 years and is a recognisable voice over artist (he is the MC of the ATP World Tour Finals each November at The 02 Arena in London).

He is a respected media commentator, contributing to a wide range of newspapers, and is the leading body language expert for The Telegraph, The Guardian and the Daily Mail.

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Guardian

B B C RADIO The Telegraph THE TIMES

Daily Mail

### What clients say

"Robin is outstanding. He delivers remarkable insights and advice with style and humour, connecting instantly with his audience."

David Bizley, Branch Chief, NATO Communications

"Our ability to connect has definitely improved as a result of Robin's techniques. Insightful and a welcome dose of good fun!"

Simon Amor, Director, Heineken UK

"Robin is a true expert in his field. He has a rare ability to speak to everybody, individually."

David James, Senior L+D, The Walt Disney Company

# "Any leader in any field will benefit from a session with Robin, he's brilliant!"

Sue Cheshire, Co-Founder, Global Leaders Academy

#### "Robin has a great ability to build empathy quickly."

Nigel Sullivan, Group HRD, Talk Talk